integra

SUMY EMERGENCY FOOD RESPONSE

Integra Ukraine is a charitable organisation working to support people affected by war and strengthen practical humanitarian response in communities facing acute need. We work closely with Integra Slovakia. Our foundation is driven by Christian faith to address the realities of a broken world.

Since the beginning of the full-scale invasion in 2022, we have delivered extensive humanitarian programs across Kyiv, Kherson, Donetsk, Sumy, Chernihiv, and Ternopil Oblasts. Our work spans emergency food distribution, shelter support, evacuation assistance, non-food item supply, and cash assistance, having served over 140,000 vulnerable and crisis-affected individuals to date.

Our current priority is the Sumy Emergency Food Response, a comprehensive food assistance programme providing regular hot meals, emergency rapid-response meals, emergency food kits, and Cash-for-Food support in Sumy and across Sumy Oblast as emergency needs arise.

PROJECT DESCRIPTION

Location: Sumy Oblast, Ukraine

Duration: 2 months

Budget: $66,960

Projected Reach: Approximately 4,100 unique people

Communities in Sumy Oblast continue to face attacks, evacuation and displacement. Food needs can emerge suddenly: immediately after an attack, during evacuation, at a transit centre, or after a displaced person has reached a safer community but does not yet have the resources to meet basic needs.

The Sumy Emergency Food Response is a two-month flexible response designed to provide the right form of food assistance at different stages of this crisis.

The response follows a simple pathway:

ATTACK → EVACUATION → TRANSIT → STABILISATION

Immediately following attacks, local partners can prepare and deliver hot meals to affected civilians and people involved in the emergency response. People evacuating from dangerous areas can receive ready-to-eat emergency food kits that do not depend on access to a normal kitchen. Integra operates in Sumy a retort-processed ready-to-eat food system, producing nutritionally balanced meals in hermetically sealed pouches that can be stored and distributed at ambient temperature without refrigeration.

Vulnerable people staying at Transit centers can receive regular meals. Once displaced people have reached locations where food is available on local markets, Cash-for-Food assistance can give them greater choice and dignity in meeting their immediate food needs.

The project does not attempt to predict where or when the next attack will occur. Instead, it funds the capacity to respond rapidly as needs emerge.

Integra Ukraine implements this project together with local partners, including Charity Foundation Pluriton, Charity Foundation Iskra Dobra, and local churches seeking to fulfil their missions in the

area. This project is built on the operational model and proven results of our last year's response in Sumy Oblast (documented in our project monitoring records), scaling up our capacity to deliver immediate, dignity-preserving food assistance in close coordination with these local partners.

We are not asking donors to fund an idea. We are asking them to activate a response capacity that already exists.

TARGET POPULATION & SELECTION CRITERIA

Assistance is targeted using locally verified information and household vulnerability criteria to prioritize:

- Single caregivers / female-headed households
- Persons with disabilities or chronic illnesses
- Elderly individuals living alone
- Large families
- Low-income displaced households
- Recent evacuees

Integra Ukraine closely coordinates with other Humanitarian Agencies, Municipal Authorities and Churches operating in the area, to ensure that there is no duplication of support.

PROJECT BUDGET

Activity	Planned Activity	Unit Cost	Budget
Regular Hot Meals — Pluriton Transit Center	30 people × 3 meals/day × 45 days = 4,050 meals	$2.50/meal	$10,125
Emergency Response Hot Meals	3,000 hot meals	$2.50/meal	$7,500
RTE / Emergency Food Kits	1,000 emergency kits	~$22.97/kit	~$22,971
Cash-for-Food	100 one-time grants of UAH 4,500	~$105.88/person	~$10,588
Field Travel & Monitoring	Coordination, field monitoring, documentation and follow-up	—	$1,000
Personnel & Project Administration	Coordination, finance, procurement, M&E, reporting and project management	—	~$9,816
US Partner Agent Fee (Financial Management)	8% US partner financial management agent support	8%	$4,960

TOTAL			**$66,960**

USD equivalents for UAH-denominated costs are based on a working exchange rate that may be adjusted according to the actual project exchange rate.

PROJECTED RESULTS

Result	Target
Unique people assisted	Approximately 4,100
People receiving regular meals at Pluriton Transit Center	30
Regular meals provided over 45 days for 30 People in transit centre	4,050
People reached through emergency hot meals	Approximately 3,000
Emergency hot meals available for rapid response	3,000
Estimated emergency-response capacity*	Up to approximately 20 responses
People receiving RTE / Emergency Food Kits	1,000
People receiving Cash-for-Food assistance	100
Value of each Cash-for-Food grant	UAH 4,500
Total hot meals provided	7,050

***The estimate of up to approximately 20 emergency responses is based on an average planning assumption of approximately 150 meals per response. The actual number and size of responses will depend on attacks and humanitarian needs during the project period.**

EXPECTED OUTCOME

The project will help approximately 4,100 people affected by attacks, evacuation and displacement in Sumy Oblast meet immediate food needs through assistance appropriate to their stage of displacement and circumstances.

The project will monitor the number of unique people reached under each assistance modality and use beneficiary records where operationally possible to minimise double counting. During rapid emergency responses, where full registration may not always be practical, distribution and partner records will be used to document assistance.

In addition to output monitoring, beneficiary feedback will be collected where feasible to understand whether the assistance helped recipients meet their immediate food needs.

AT A GLANCE

- $66,960 → 2 months → approximately 4,100 people

- 7,050 hot meals
- 1,000 emergency food kits
- 100 Cash-for-Food grants
- 30 vulnerable people receiving three meals a day for 45 days

Contact	Andrii Yukhymenko
Role	Project Manager
Email	a.yukhymenko@integra.sk
Telephone	+380504460280